



Apr 15, 2021

A Virtual Seminar on the Importance of Spiritual Nutrition

The Deanship of Student Affairs at Al Ain University, Abu Dhabi campus, in collaboration with the General Women's Union organized a virtual seminar on Spiritual Nutrition and its Importance in our life, was presented by Dr. Amina Majed.

Dr. Amina, spoke about the life elements that make the human happy and give him/her the power and consistency with community such as; psychological, physical, spiritual needs and human relationships with others.

She also specified that the basic psychological needs for a person includes: encouragement, unconditional acceptance, love, responsibility, concern, tenderness and friendship.

[Press Release Link](#)