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Challenge Games to Promote Sports and Health Awareness

The Deanship of Student Affairs—Al Ain and Abu Dhabi campuses, in collaboration with students from the Physical Education and Health course under the supervision of Prof. Dr. Majed Al-Saleh, organized a special event titled "Challenge Games." The event included various sports activities, competitions, and fun games.

The event aimed to raise awareness about the importance of sports and its positive impact on overall health. It also highlighted the role of healthy nutrition in improving individuals' quality of life. The event also featured innovative student projects promoting proper nutrition concepts and healthy lifestyle practices.

This event is part of the Deanship of Student Affairs' efforts to promote physical activity and health awareness among students, encouraging them to adopt a balanced lifestyle that improves their physical and mental health.

[Press Release Link](#)